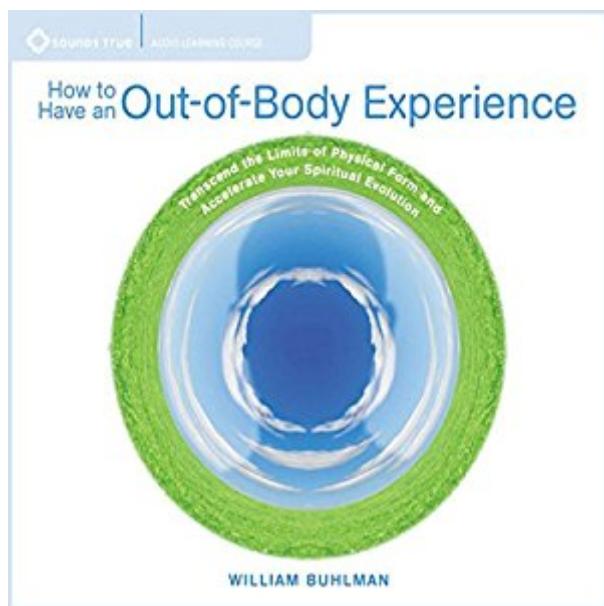


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# How To Have An Out Of Body Experience: Transcend The Limits Of Physical Form And Accelerate Your Spritual Evolution



## Synopsis

For the thousands of explorers that William Buhlman has taught to enter the out-of-body state, verification often comes in a breathtaking flash - the undeniable first-hand experience of lucid awareness beyond the limits of time and space in a realm of vast spiritual potential. With How to Have an Out of Body Experience, you will learn to safely explore this astonishing territory for yourself, to awaken untapped possibilities.

## Book Information

Audible Audio Edition

Listening Length: 6 hours and 51 minutes

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## Customer Reviews

I have heard Mr. Buhlman on various radio and podcast interviews. I have also got his first book "Adventures Beyond the Body". And thru my own experiences thru astral projection, I can honestly say that he knows what he is talking about! A lot of 'new-age" authors on OBE's kinda come off as fluffy and airy-fairy, positive this and chakra that. But what I like about Mr. Buhlman's work is that he gets right to the point, and explains the entire process in very easy ways to understand. A lot of authors can get into the details, but Mr. Buhlman talks about in detail every single detail addressing every aspect of the entire OBE processes. Regarding this cd product...Again, a very detailed work that I would HIGHLY RECOMMEND, whether you are new to this, an expert or kinda in between like myself. I will agree with one review on here that says that the 'meditation exercises' are a bit short. Though I do not actually listen to those exercises during my own work, rather I use them as a reference, or something to memorize and apply when in my experiences, which is a great asset to my work. I will have to say a couple things however that I'm not too crazy about with this set...1. I transferred all the audio to my mp3 player cuz it's easier to listen to that way, however whoever did

the digital labeling of the tracks did a REALLY BAD job. The first 2 cds I think were fine, but I had to edit the rest of the series which was annoying and time consuming.2. During the meditation exercises, Mr. Buhlman tends to say some words and drag them out for way too long a period of time. Like "Now feeeeeeee all the tension removed" .... "Now feeeeeeee the light"Also It seems like Mr. Buhlman is winging it.

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